

Dobby

Effect

FOCUS CHALLENGE



Before You Start

What is focus for you?

How do you recognize focus while working?

How do you recognize when you lose focus?

What do you do to regain focus?

The Challenge

Watch the video at <https://connec.tips/focus> and try the two challenges about focussing on your hand with your own dog.

What change in behavior did you observe in your dog?

Which challenge retains their focus more?

Insights

When you translate this to your team(s)...

What can you do to improve their focus?

How would you recognize that they have focus?

Facebook Group

Join our facebook group at <https://connec.tips/dobby-fb>.

You will find pictures and videos with experiences and tips from other participants.

The next challenge already awaits you there!

Feedback

What did you like about this challenge?

What can we improve in the video?

What can we improve in this worksheet?



Luring with a treat



Scatter feeding with or without catching