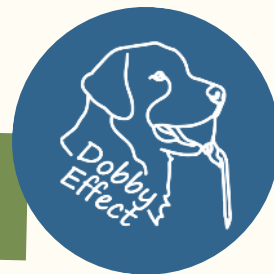


Dobby

Effect



TOLERANCE OF FRUSTRATION CHALLENGE

Before You Start

When could a high tolerance of frustration be useful?

How do you recognize a high tolerance of frustration?

How do you recognize a low tolerance of frustration?

What have you already tried to improve this in your dog?

The Challenge

Watch the video at <https://connec.tips/tolerance> and try out the two challenges about growing the tolerance of frustration in your own dog.

What change in behavior did you observe in your dog?

Which challenge was more effective in growing a tolerance of frustration?

Insights

When you translate this to your teams...

What could you do to improve their tolerance of frustration?

How would you recognize an improvement?

Facebook Group

Join our facebook group at <https://connec.tips/dobby-fb>.

Here you will find pictures and videos with experiences and tips from other participants.

The next challenge already awaits you there!

Feedback

What did you like about this challenge?

What can we improve in the video?

What can we improve in this worksheet?

